From the Desk of the Pastor ....

The solemn celebration of the “Mass of the Lord’s Supper” on the evening of Holy Thursday commemorates the institution of the Eucharist, but the context of the three Holy days of the Triduum focuses on the story of the Passion, Death, and Resurrection of Jesus.

Today’s solemnity of the Body and Blood of Christ invites us to return to a full and leisurely reflection on the Holy Eucharist.

The actions of ‘taking, blessing, breaking, and giving’, that constitute every celebration of the Eucharist are patterned on the actions of Jesus at the Last Supper. Today we celebrate his Real Saving Presence with us as ‘the living bread, come down from heaven.’

Cesar Franck’s hymn Panis Angelicus not only moves us to sing but also to realize the sublime understanding that the ‘bread of angels’ is truly the bread given to humans, to us. Jesus gives himself as bread, as Body and Blood, to sustain us, finally and wholly, on this earth.

Our sharing in the Body and Blood of Christ not only keeps us alive in Him; it keeps us together. The Bread we break and the Cup we share are our participation in His Life. St. Paul reminds us that as the bread is one, we, though many, are also made one with Christ and with one another. This communion and union must manifest itself in our daily lives, when we participate in the Holy Eucharist. St. Luke in the Gospel today offers to assist us to recognize, discern, discover the rich and profound understanding of the miracle of the multiplication of the loaves in Tabgha (on the north western shore of the Sea of Galilee in Israel) and reflect on this awesome mystery and eternal gift of love of Jesus for you and me.

PARISH COMMUNITY NEWS

THE FILIPINO PASTORAL COUNCIL

The Filipino Pastoral Council was established in order to promote a better appreciation of Filipino Culture through religious -social-cultural activities; it encourages everyone to participate in all parish activities and exercise its exceptional stewardship with all God’s people in the life and ministry of the Parish of St. John the Evangelist. It’s endeavor is to serve God and our neighbor with God-given time, talents & treasure for the good of all & for the greater Glory and Honor to God. We invite you to come and join us.

Looking forward in hope:

*The Filipino Pastoral Council (FPC) is accepting nominations for the upcoming new year, beginning this July 2019. The nominations are open for the positions of the President, Vice President, Treasurer, Auditor, and Secretary. Blank nominations are available at the back of the Church. Please fill out your nominations and submit or drop them into the ‘nominations box’ at the back of the Church.

**GARAGE SALE**

The Religious Education Program of our Parish will be hosting a garage sale on Sunday, June 30, from 8am to 2pm. The funds raised will be used to buy new books for our children next year.

If you have an item or two, new or almost new sitting in your closet, kitchen cabinet, or garage that you would like to donate, please call Sonia Urquilla at (415) 641-4406 to make your donation. Thank you

Parish Family Picture Directory

Continuing with our Quasquicentennial celebration, we will be doing a new family pictorial directory and we hope every family will be in it. "Life/Foot" will be at the parish doing family portraits on assigned days in the month of July.

Each participating family will receive a free 8" x 10" portrait and a free copy of the directory when it is finished and the opportunity to purchase additional pictures under no obligation. Please contact Bill Elsbreden at 415-587-8816 or Gloria Calero at 415-279-0774 or Lety Tomas at 415-585-5081 as soon as possible. Remaining appointments are limited.

We hope you’ll join us because our directory won’t be complete without YOU!

Prayer to the Most Holy Body and Blood of Christ

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O Good Jesus, hear me. Within your wounds hide me. Permit me not to be separated from you. From the wicked foe, defend me. At the hour of my death, call me and bid me come to you That with your saints I may praise you For ever and ever. Amen.

**Prayer to the Sacred Heart**

O most holy Heart of Jesus, fountain of every blessing, I adore you, I love you and will a lively sorrow for my sins. I offer you this poor heart of mine. Make me humble, patient, pure, and wholly obedient to your will. Grant, good Jesus, that I may live in you and for you. Protect me in the midst of danger; comfort me in my afflictions; give me health of body, assistance in my temporal needs, your blessings on all that I do, and the grace of a holy death. Within your heart I place my every care. In every need let me come to you with humble trust saying, Heart of Jesus, help me. Amen.